



# FRESHLY MADE SALADS

## CHICKEN CAESAR

romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing

**\$6.50** 740 CALS

## THAI CRUNCH

roasted chicken, super blend slaw, carrots, crispy wontons, cilantro, scallions & thai peanut dressing

**\$6.50** 380 CALS

## SOUTHWEST V GF

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

**\$7.50** 680 CALS

## TZATZIKI AVOCADO V

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing

**\$8.00** 570 CALS

## BEET & GOAT CHEESE V GF

mixed greens, roasted beets, avocado, walnuts, goat cheese, balsamic vinaigrette

**\$8.00** 830 CALS

## CRISPY CHICKEN

breaded chicken tenders, chopped lettuce, tomato, onion, cucumber, cheddar cheese, ranch dressing

**\$7.00** 710 CALS

## COBB GF

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

**\$8.00** 770 CALS

## FEATURED

### A LITTLE SWEET & SPICY

roasted chicken, mango salsa, bell peppers, cucumber, avocado, jerk dressing, mixed greens

**\$8.00** 420 CALS

## OFF TO THE RIGHT START

### GREEN POWER V GF

mixed greens, quinoa, hummus, sweet potatoes, avocado, pickled red onions, sunflower seeds, green goddess dressing

**\$8.25** 590 CALS

### OPTIONS

**ADD CHICKEN** GF DF  
**\$2.00**

**BACON (2)** GF DF  
**\$1.75** 130 CALS

**AVOCADO** VG GF DF  
**\$1.00** 60 CALS

**CHEESE** V GF  
**\$1.00** 110 CALS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.

**V-VEGETARIAN**

**VG-VEGAN**

**GF-GLUTEN FREE**

**DF-DAIRY FREE**

**CN-CONTAINS NUTS**