



FRESHLY MADE SALADS

CHICKEN CAESAR

romaine, roasted chicken, parmesan cheese, croutons, creamy caesar dressing

\$6.50 740 CALS

THAI CRUNCH

roasted chicken, super blend slaw, carrots, crispy wontons, cilantro, scallions & thai peanut dressing

\$6.50 380 CALS

SOUTHWEST V GF

mixed greens, cherry tomatoes, roasted corn, black beans, avocado, red onion, julienned peppers, queso fresco, tortilla strips, southwest ranch dressing

\$7.50 680 CALS

TZATZIKI AVOCADO V

mixed greens, kales, avocado, feta cheese, grape tomatoes, cucumbers, crispy pitas, creamy tzatziki dressing

\$8.00 570 CALS

BEET & GOAT CHEESE V GF

mixed greens, roasted beets, avocado, walnuts, goat cheese, balsamic vinaigrette

\$8.00 830 CALS

CRISPY CHICKEN

breaded chicken tenders, chopped lettuce, tomato, onion, cucumber, cheddar cheese, ranch dressing

\$7.00 710 CALS

COBB GF

romaine, bacon, egg, blue cheese, tomato, cucumber, avocado, red wine vinaigrette

\$8.00 770 CALS

FEATURED

A LITTLE SWEET & SPICY

roasted chicken, mango salsa, bell peppers, cucumber, avocado, jerk dressing, mixed greens

\$8.00 420 CALS



OFF TO THE RIGHT START

GREEN POWER V GF

mixed greens, quinoa, hummus, sweet potatoes, avocado, pickled red onions, sunflower seeds, green goddess dressing

\$8.25 590 CALS

OPTIONS

ADD CHICKEN GF DF
\$2.00

BACON (2) GF DF
\$1.75 130 CALS

AVOCADO VG GF DF
\$1.00 60 CALS

CHEESE V GF
\$1.00 110 CALS



V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.