11 MONTHLY HIGHLIGHTS

ORDER ONLINE

FORKS BREAKFAST

11.02 - 11.15

CARNITAS BREAKFAST BURRITO
pork carnitas, cage free scrambled egg, jack cheese, salsa verde, flour tortilla

11.16 - 11.29

MEDITERRANEAN BREAKFAST BOWL VGT
breakfast potatoes, cage free over-easy egg, feta, grape tomatoes, sauteed spinach, herby dill aioli

ALL MONTH

PUMPKIN OVERNIGHT OATS VGT
rolled oats, almond milk, pumpkin puree, pumpkin spice, maple syrup, candied walnuts

FORKS LUNCH

11.02 - 11.15

BLACKENED CHICKEN SAMMY
blackened chicken, lettuce, tomato, garlic aioli, ciabatta

11.16 - 11.29

CAULI WRAP VGN
crispy cauliflower, jalapeno napa cabbage slaw, sweet chili sauce, wheat tortilla

ALL MONTH

JERK BOWL
marinated shrimp, brown rice, mango salsa, jerk sauce

VENTURA MARKET & DELI

11.02 - 11.15

CUBANO
pulled pork, ham, swiss, smoked bacon, pickles, dijon mayo, telera

11.16 - 11.29

PIZZA GRILLED CHEESE
pepperoni, mozzarella, slow roasted marinara, hot honey, sourdough

ALL MONTH

SHRIMP BANH MI
ginger & soy marinated shrimp, jalapeno napa slaw, sweet chili aioli, french roll

GRACE ACRE FARMS

11.02 - 11.15

HONEY, IT'S FALL GF
bacon, kale, arugula, honey crisp apples, avocado, pomegranate, feta, candied walnuts, apple cider vinaigrette

11.16 - 11.29

FALL HARVEST VGT GF
kale, roasted sweet potato, honey crisp apples, red cabbage, brussels sprouts, broccoli, goat cheese, apple cider vinaigrette

ALL MONTH

POMEGRANATE SPROUT GF
roasted chicken, super slaw blend, pomegranate, cranberries, shaved parmesan, toasted almonds, lemon vinaigrette

Complement Your Next Event with

FULL-SERVICE CATERING

Make your next event unforgettable with full-service catering, featuring seasonal menus, seamless setup and pickup, and on-site support for a stress-free experience.

WORLD TOUR
INTERNATIONAL CUISINE

NEW FLAVORS - BOLD TASTE BROUGHT TO YOU EVERY DAY

Your favorite foodhall, reimagined with a daily rotation of crave-worthy brands.

FFT FOOD FOR THOUGHT

ORDER ONLINE / ALDICAFE.FFTCHICAGO.COM