FORKS DINER
PACIFIC NORTHWEST

BREAKFAST

OMELETS

BUILD YOUR OWN OMELET
two cage free eggs with choice of vegetable, protein, and cheese
$6.00

INGREDIENT SELECTION

CHEESE:
cheddar, pepper jack, american, provolone, swiss

PROTEIN:
bacon, ham, sausage

VEGETABLES:
peppers, onions, mushrooms, broccoli, tomato, spinach

TECATE WRAP
cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap
$5.50 550 CALS

STEAK BREAKFAST BURRITO
chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa
$6.50 670 CALS

GOCHUCHIVE
cage free egg, turkey sausage, white cheddar, gochujang aioli, green onions, plain bagel
$5.50 690 CALS

PATATAS BRAVAS BOWL V GF
seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro
$5.00 410 CALS

FEATURED

EGG IN A BASKET
fried egg in a piece of toast, bacon, brussels slaw
$4.25 490 CALS

OFF TO THE RIGHT START

FALL BREAKFAST HASH V GF
brussels sprouts, sweet potatoes, pumpkin seeds, apple, spinach, sage, cage free egg
$5.00 400 CALS

TOMATO AVOCADO TOAST VG
9 grain toast, seasoned mashed avocado, cherry tomatoes, basil vinaigrette
$3.75 350 CALS

OPTIONS

PANCAKES	BACON (2) GF DF	SAUSAGE (2) GF DF	TURKEY SAUSAGE (2) GF DF	POTATOES VG DF	EGG OR EGG WHITE V GF DF
$2.00 470 CALS	$2.00 131 CALS	$2.00 201 CALS	$2.00 120 CALS	$1.75 90 CALS	$1.25 77-44 CALS

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.